



4-H Family News

Jan 2024

Kalamazoo County



NEW YEAR – NEW FUN!

STARTING THIS MONTH, WE WILL BE GIVING YOU A CLUE TO A PHRASE OR PICTURE WE HAVE HIDDEN IN THE NEWSLETTER. THE FIRST 5 PEOPLE THAT SEND US AN EMAIL WITH THE IDENTIFICATION AND LOCATION OF THE HIDDEN ITEM WILL HAVE THEIR NAMES ON THE FRONT PAGE OF THE NEXT NEWSLETTER AND SOME 4-H SWAG!

THIS MONTH'S ITEM IS THE ANSWER TO THIS RIDDLE:

What can go up the chimney down but not down the chimney up?



Reminder that the **All-Species meeting is this month!**
At the Expo Center
2900 Lake St, Kalamazoo
on **January 24th starting at 6:30pm.**

This is for youth showing any livestock, but anyone is welcome to attend. Youth will rotate between educational stations, will have the opportunity to ask questions and maybe win some prizes! Please reach out to your species superintendent if you have any questions.

CONTACT US

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WEBSITE:

<http://canr.msu.edu/kalamazoo4H>

Facebook Page

<https://www.facebook.com/Kalamazoo-County-4-H-Youth-Program-122047197873078>

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There will be 4 YQCA (Youth for the Quality Care of Animals) in 2024. This is a requirement for all youth bringing livestock to the Kalamazoo County Youth Fair and Family Festival in 2024. There are two options, one of 4 face-to-face sessions or an online session. The face-to-face sessions will be a minimum of 1 hour and the cost is \$3.00 per youth. The face-to-face version is meant to include all youth 8 years old – 18 years old. The online version is \$12.00 but the curriculum is age specific. This certification is good for one year.

The face-to-face sessions will be held starting at 6:30PM on the following dates:

January 4, 2024
February 6, 2024
March 13, 2024
May 15, 2024

Youth who would like to take the face-to-face session will need to do the following:

- Parents will need to create a family profile on <https://yqcaprogram.org/>
- Parents will need to add each child (if they are not already added) and chose the face-to-face training option.
- Pay the \$3.00 registration fee.
- Youth will need to complete the pre-test.
- Once the youth has taken the face-to-face session, staff will mark your session as complete.
- Youth will log back in and take the post test (found under the child's name and a drop down that says Enrolled ILT trainings).
- Once the post test is complete the youth's certificate will be sent.

Youth who would like to take the online session will need to do the following:

- Parents will need to create a family profile on <https://yqcaprogram.org/>
- Parents will need to add each child (if they are not already added) and chose the online training session.
- Pay the \$12.00 registration fee.
- Youth will then need to complete the course.

Once the youth have completed either the online session or the face-to-face session and receive their certificate, they will need to email it to msue.kalamazoo@msu.edu by **June 1, 2024**.

You can find helpful registration videos and documents at https://yqcaprogram.org/local/resources_for_youth_parents.php.

<https://www.youtube.com/watch?v=wZHW2qtMIOc>



Poultry Project News

December is the month to start planning the poultry projects that you would like to raise for Fair 2024. The next Poultry Project meeting will be on Thursday, Jan. 18th, 2024 at 7pm in room B of the Expo Center. We will welcome our new superintendent, Cherie Gilfillan, and pass out order forms for market poultts and chicks along with some FUN poultry activities.

Remember that there is a 3-meeting attendance requirement for the poultry project to be able to show at the fair.

We have meetings on the calendar for

- Jan.18
- March 21
- May 16
- June 20
- July 18.



Attending other poultry related events such as poultry shows and clinics can also count towards attendance.

And don't delay enrolling/re-enrolling in 4-H using 4-H OnLine.

Remember:

Your clubs Bank Statements, Treasurers Reports and Meeting Minutes need to be turned in to the 4-H office every month.

If you do not meet every month, please make sure we have your schedule so we can note the months to exclude.



Welcome to the Swine Project!

We are looking forward to a great year.

I'm excited to introduce to you our newest swine superintendent

— **TJ Gibson!** Please welcome TJ to the fun when you see him!



Our first meeting is coming up in January - **Wednesday, January 24th at 6:30 pm** at the Kalamazoo County Expo Center. This will be an “all species” meeting with educational activities for everyone.

Just a reminder on project dates:

- all 4-H pigs must be in your possession by May 1st,
- and new this year - registration forms and photos are now also due by May 1st.

Our swine meetings in 2024 are scheduled for

Thursday, February 29th and **Wednesday, May 29th,**
with our annual “fit and show” meeting in July.

As a reminder you must attend at **least 2 of these 4 county-wide meetings** to show at fair.

The complete project guidelines will be sent out via email, but please remember that **YQCA (Youth for Quality Care of Animals) certification is required annually** (for all species). So please plan to attend one of the in-person training dates –

January 4, February 6, March 13, May 15 -
all at 6:30 PM at the Expo Center.



Pre-registration is required at the YQCA website prior to attending, and the registration fee is \$3.00.

Further details can be found in the Kalamazoo County 4-H newsletter.

Thank you again for your interest in showing pigs! We're looking forward to a great year. Please let us know if you have any questions.



It's a Balancing Act...



Youth today can have a lot going on including work, school, a social life, family, extracurricular activities, and self-care. This interactive, self-paced, online class will share information on how to find balance in life with competing options and obligations. Learn about ways to stay organized and manage your time, the importance of building a supportive social network, options for working as a student, avoiding burnout, and getting academic support and enrichment to round out your education. With opportunities to reflect and apply in your own life, you will leave with tips to find balance in your Wheel of Life! Add this course to your To-Do list and complete at your own pace. Find out more and take the free virtual class at:

<https://www.canr.msu.edu/courses/balancingact>

DAILY TO-DO LIST



TAKE BALANCING ACT
COURSE



GO TO CLASSES



WORK A SHIFT



HANGOUT W/ FRIENDS



TAKE CARE OF YOURSELF



Struggling to balance it all? Need tips on how to organize and prioritize to achieve success?

Add the self-guided, interactive "Balancing Act" class to your to-do list! Dive into tips and tricks created by college students on how to find balance in life with competing options and obligations.



Seniors –

as you are preparing for graduation, it is also time for you to think about secondary education and time to complete scholarship applications. The Kalamazoo County 4-H Leaders Council is offering scholarships to high school seniors entering college or advanced education (trade school). Scholarships are available to help 4-H members offset the cost of a post-high school education. Students with at least 3 years of 4-H involvement and planning to learn in college, trade schools, etc. qualify and are encouraged to apply.

The applications are due to the 4-H office no later than
4:30 PM on **February 1, 2024.**

Applications are available at:

https://www.canr.msu.edu/kalamazoo/kalamazoo_county_4_h_1/4-h-member-resources-forms

There are two categories –

- You can apply your senior year in high school for your first year past high school
<https://www.canr.msu.edu/kalamazoo/uploads/2023%20APPLICATION+FOR+SENIOR+Scholarship%20pdf%20fillable.pdf>
- You can apply your second or third year past high school for your 3rd or 4th year past high school
<https://www.canr.msu.edu/kalamazoo/uploads/2023%20Upperclass%204-H%20pdf%20fillable.pdf>

Want to hear about upcoming events and programs from

MSU Extension?

It's Easy!

Use the QR code below and sign up for our Monthly Newsletter!

Or go to <https://lp.constantcontactpages.com/su/SoKxe0p>

And Sign Up!





Your Kalamazoo 4-H Leaders Council is planning to have some county wide events during the 2023-2024 Programming year through August 31, 2024!



Come one come all!

What: Kalamazoo County 4H Bowl-a-Rama

When: Sunday, January 28, 2024

Time: 2:30-4pm

Where: Revel & Roll West (4500 Stadium Dr, Kalamazoo, 269-488-3800)

Details: Kalamazoo County Leaders Council will cover lane fees and shoe rental for all Kalamazoo County 4H youth. If additional family or friends would like to join, the cost is \$10 per person.

Sign up by Friday, January 26, 2024 at Signup Genius

Link: <https://www.signupgenius.com/go/20F044FAEA62BA3FB6-46591608-kalamazoo>

Leaders Council is looking forward to a fun event!

We will also have a table & fleece available for those that might like to create a no-sew fleece blanket during the event.





TACK SALE

**SPONSORED BY KALAMAZOO COUNTY 4-H HORSE LEADERS
MONDAY MARCH 18TH, 2024 5:00-9:00PM**

Location: Kalamazoo County Expo and Fairgrounds, 2900 Lake Street, Kalamazoo, MI
 ***40,000 SQUARE FEET full of items for everyone
 ***Food Concessions and Dining Areas
 \$2.00 per person admission donation for all attendees, including vendors
 Children 5 and under FREE. **RESERVE EARLY! Spaces fill up fast**

CUBES 8ft wide X 8ft deep, includes a table that you are welcome to remove for your display.
 (May be along an exterior wall or in the main section) Cube set up **ONLY** begins at 2pm
 (Each person entering pays \$2 admission)

INTERIOR SPACES 8 ft. wide by table depth of 2 feet. Interior set up begins at 3:30pm
 (Each person entering pays \$2 admission)

Email inquiries to kalamazoo4horse@yahoo.com

No spaces held without payment in full prior to tack sale. Sorry, no refunds.

MAIL BOTTOM PORTION OF FORM BY March 4, 2024 for discounted rates

Kalamazoo 4-H Tack Sale Registration form

Individual/Vendor/Business Name _____

Contact Name _____ Phone _____ CK# _____

Email _____

#Cubes (8' x8') _____ x\$35= _____ total (\$40 after 3/4/2024)

#Interior spaces (8'X2') _____ x\$20= _____ total (\$25 after 3/4/2024)

Comments: _____

Mail the bottom portion of this form with check payable to:
 Kalamazoo County 4-H Horse Leaders Council
 % Christina Chase, 7095 N. 32nd street, Richland, MI 49083

Our apologies we are unable to accept any form of electronic payment



Why do YOU love 4-H?

4-H members can be our best advertisers by helping spread the word in a short video highlighting **“Why You Should Join 4-H!”**

Be a 4-H changemaker by using your voice and sharing your story of 4-H. Chance to win prizes for 4-H youth 9-19 as they explore video creation and editing. Learn more about this opportunity here:

<https://www.canr.msu.edu/4-h-clovers-code/contest/>

Deadline to register and submit videos is **January 31, 2024**. The 4-H Creative Campaign Contest is sponsored with a grant from the Michigan 4-H Foundation.

A total of six prizes will be awarded to the top videos judged by professionals.

There will be two age brackets with 1st, 2nd, and 3rd place prize winnings in each bracket:

- 4-H Ages 9-13 (as of January 1, 2024)
- 4-H Ages 14-19 (as of January 1, 2024)

1st place prize is a \$100 Amazon gift card
2nd place prize is a \$75 Amazon gift card
3rd place prize is a \$50 Amazon gift card

Contest Rules

- Contest open to all active Michigan 4-H youth 9-19. Not in 4-H, learn how to [join 4-H here](#).
- Register for the contest at <https://events.anr.msu.edu/4HCampaignContest/>. Must register to be eligible for prizes.
- Check out [Tips for Video Submissions](#) for ideas and [Video Creation Resources](#) for tools to create your video.
- Create a video lasting **1 minute or less** about “Why You Should Join 4-H!”
- Before uploading your video, name your video with your first and last name
- Upload your video here: <https://bit.ly/4-Hcreativecontest>
- Deadline to submit your video and to register is January 31, 2024
- Winners will be notified the week of March 4th through email used during registration. Any change in email must be provided directly to contest coordinators to receive their prize.





Kalamazoo Teen Leaders Club

Kzoo TLC is an opportunity for Kalamazoo youth to elevate their leadership, time management, communication, and civic engagement skills. Once part of the club, members will help organize and fun events & community service opportunities for the county of Kalamazoo.

Follow the link below to sign up!

WE WANT YOU!



Michigan State University Extension
is recruiting **TEEN LEADERS**
for the 2024 program year.

Increase your Professional & Networking Skills
<https://forms.gle/E4ubDW9spuv3vywv7>





January's 4-H Wild Spartans Series will delve into how Native American tribes use traditional knowledge and values (giikendaasowin) in natural resources management.

Join us on

Tuesday, January 9th, 2023 at 6:30pm EST

“Anishinaabe Perspectives in Natural Resources Management: Anishinaabe giikendaasowin and Western Science.”

You will meet **Brad Silet**, biologist with the *Sault Ste. Marie Tribe of Chippewa Indians*, learn about his field work, and the education and career path he followed to get there.

Youth are encouraged to ask questions to learn more through a live Q&A.

This free series is open to 4-H and non-4-H youth ages 12-19 years.

Monthly sessions will be held on the 2nd Tuesday of the month at 6:30pm EST.

Pre-registration is required:

<https://events.anr.msu.edu/wildspartans20232024/>



MSU Extension 4-H has an exciting new line up of Adulting 101 sessions coming up in 2024. Join us monthly for free sessions to build life skills helpful in transitioning to "adulthood."

Learn more and sign up here:

<https://www.canr.msu.edu/events/adulting-101-2024>

MICHIGAN STATE UNIVERSITY | Extension

ADULTING 101



2024 Schedule

- THE PSYCHOLOGY OF SPENDING & SAVING - JANUARY 17 AT 6 PM
- FOSTERING HEALTHY RELATIONSHIPS - FEBRUARY 12 AT 5 PM
- KEEPING YOUR MONEY SAFE - MARCH 19 AT 6 PM
- COVER LETTER AND RESUME WRITING - APRIL 10 AT 6 PM
- BUILD AND PROTECT YOUR CREDIT - MAY 15 AT 5 PM
- TRAVELING ON A BUDGET - JUNE 6 AT 6:30 PM
- COOKING BASICS - JULY 16 AT 4 PM
- SUMMER BERRIES: JAM AND JELLY - AUGUST 12 AT 4 P.M.
- CHANGING THE WORLD WITH YOUR VOTE - SEPTEMBER 16 AT 5 PM
- PAYING FOR POST-SECONDARY EDUCATION - OCTOBER 16 AT 5 PM
- CRACKING THE CODE TO COLLEGE - NOVEMBER 19 AT 5 PM

Free on zoom



<https://events.canr.msu.edu/Adulting2024/>





2024 4-H International Exchange Host Family Applications Open!

What: 2024 Inbound Host Family Applications have opened!

Increase: Due to the popularity of this exchange here in Michigan we have been approved to increase from only 13 participants this past year to 20 in 2024

When: Arrival (tentative) in Grand Rapids from July 21st to August 16th, 2024

How: A host family completes the States' 4-H International Exchange Programs online application and has a youth to match as a host brother/sister (be within 3 years of age of incoming delegate), be Michigan 4-H adult Gold Volunteers, participate in an interview and home visit process.

Applications to host: found at www.states4hexchange.org

Questions: contact Jan Brinn brinn@msu.edu or Co-Coordinator John Wurm wurmj@msu.edu.

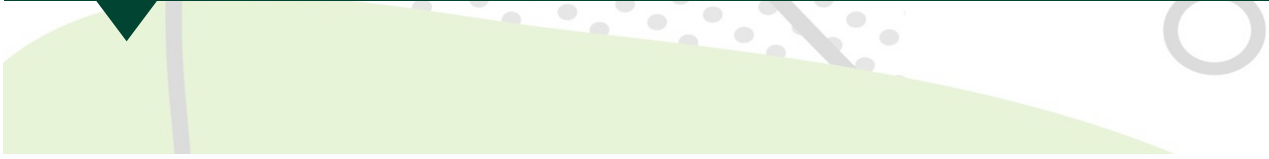
Other Resources:

- 1) [Michigan 4-H International Exchange Programs Facebook page](#)
- 2) [States' 4-H International Exchange Programs Facebook page](#)
- 3) [States' 4-H International Exchange Programs website](#) or email: exchange@states4h.org

Thank you very much to all our families who annually open their homes to create 4-H international experiences across the globe.



LABO Michigan Delegation 2023





Do you have 4-H kiddos looking for things to do this winter?

Interested in Ranch Riding and the Ranch discipline? Gearing up for the State 4-H and FFA Horse Judging contest and wanting some practice? We have the opportunity for you!!

Consider attending the 2024 Horse Judging workshop and Practice Horse judging contest in February! This year youth and adults alike will start on Friday night, February 2nd, hearing from carded judge and clinician Dr. Karen Waite, teaching Ranch Riding and Ranch Rail. Things pick back up Saturday morning, February 3rd, with the chance to judge a halter class, as well as a Ranch riding and rail class. Concluding the performance classes, attendees will have time to present oral reasons and receive scores and feedback.

Register now at <https://www.canr.msu.edu/events/horse-judging-workshop-and-mini-contest-2024>

For any other information reach out to Carla McLachlan; Event Coordinator at carlam@msu.edu or David Lindsay; Extension Educator at lindsa75@msu.edu





States' 4-H International Exchange Programs 2024 OUTBOUND PROGRAMS

Costa Rica · Japan · Korea · Norway · Taiwan · Argentina



Costa Rica



Japan



Norway



South Korea



Argentina



Taiwan

Are you curious about daily life, culture, and youth programs in other countries?
Travel abroad with States' 4-H and enter a world that most visitors rarely get to see.

Program Details:

States' 4-H Summer Outbound programs provide American 4-H youth with the opportunity to travel to foreign countries for a month-long cultural immersion experience. Delegates live with volunteer host families* and engage in experiential learning about a new way of life. Delegates experience aspects of daily life that allow them to more deeply understand both their host culture and their own culture. Our network of like-minded international partners recruit host families and plan enrichment activities.

**Exception: Argentina uses group accommodations on program*

2024 Travel Dates*

Japan 8-week:	June 12—August 9, 2024
Costa Rica:	June 20—July 19, 2024
Argentina:	June 20—July 15, 2024
Norway:	June 20—July 20, 2022
Japan 4-week:	July 10—August 9, 2024
South Korea:	July 16—August 15, 2024
Taiwan:	July 16—August 15, 2024

**Program dates subject to slight change or modification*

Eligibility:

4-H ages 12—18 for Japan 4-Week & Taiwan, 12—17 for Korea, and 15—18 for Costa Rica, Norway, Argentina, and Japan 8-Week

Program Information:

- Adult chaperones accompany the group during international travel and remain in-country to provide support.
- States' 4-H provides Program Handbooks that cover everything from packing lists to financial matters to cultural information.
- States' 4-H conducts group conference calls and a National Departure Orientation prior to international travel.
- No prior language study is required, but it certainly is helpful! Our international partners have English-speaking staff on hand to assist you in communication.

Application Deadline & Program Fees:

Contact your 4-H State Coordinator for deadlines and to apply.
Please note that program details are subject to change.

For more information:

www.states4hexchange.org

QB@states4h.org

(206) 462-2200



<https://www.facebook.com/states4hexchange/>

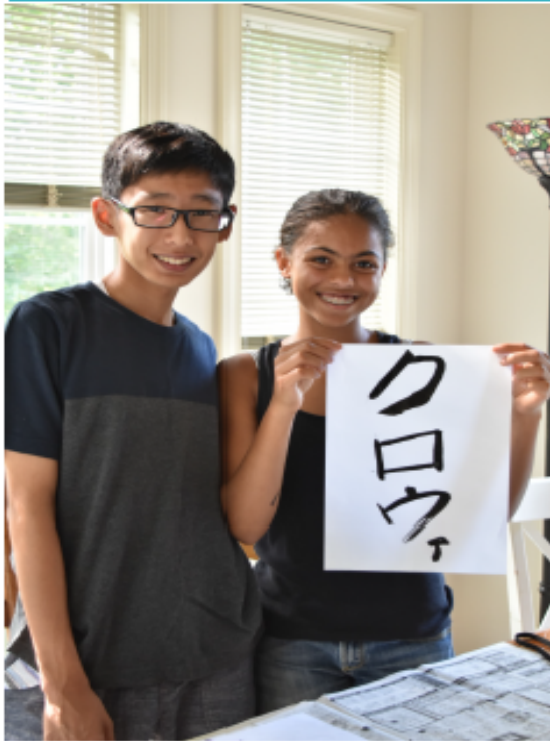


[@states4hinternational](https://www.instagram.com/states4hinternational)



2024 OUTBOUND PROGRAMS

States' 4-H International's mission is to enhance world understanding and global citizenship; one way to move towards that goal is through living with a local host family and immersing oneself in another culture.



Program Fees Include:

Welcome packet; overnight national departure orientation; arrival orientation in host country; portion of chaperone fee; Accident & Sickness Medical Insurance; in-country transportation, lodging, and meals while on-program; country-specific activities as determined by international partner organizations; overnight national departure debriefing upon return.

Program Policies:

- Program Cancellations:
 - * No refund of paid deposits, unless full program cancelled by States' 4-H
- Airfare is non-refundable once issued
- In-State Fees may apply
- Unaccompanied Minor fees may apply (up to \$150 each way)
- Program details subject to change

FAQs:

Q: Will a chaperone accompany the group?

A: Yes! Adult chaperones accompany the group during international travel and remain in-country to provide support during the exchange.

Q: Do I need to speak another language?

A: No prior language study is required, but it is certainly helpful! Our international partners have English-speaking staff on hand to assist you in communication.

Q: How will States' 4-H prepare me for my homestay?

A: States' 4-H provides travel handbooks that cover everything from packing lists to financial matters to cultural information. In addition, each state may conduct a spring orientation covering these topics. Delegates also receive details during the States' 4-H group conference call in late spring and a National Departure Orientation the day before the international flight.



Join us for the **State 4-H Rabbit and Cavy Expo and Show!** Youth may choose to exhibit their rabbit and/or cavy as well as compete in other contests such as breed identification, photography, and educational display. **Here by popular demand, Rabbit and Cavy Showmanship!** Showmanship exhibitors are required to pre-register by January 19, 2024, at https://events.anr.msu.edu/showmanship_state_rabbit_and_cavy/.

Educational sessions will be scheduled throughout the day with the support of The Rabbit School. We will have the schedule posted in the showroom as well as on our Facebook Page MI State 4-H Rabbits.

Contact Glenda Weiss for further information. weissgle@msu.edu or 517-676-7303

2024 STATE RABBIT AND CAVY EXPO AND SHOW

SHOWMANSHIP CONTEST

*Cost for the showmanship contest is \$2.00.
Register by January 19th, 2024*

Day of show entry for:

- *breed classes - \$4.00 per entry*
- *photography - \$2.00 per entry*
- *breed identification \$2.00 per entry*
- *educational display \$2.00 per entry*



27TH JAN 2024



7.00 - 8.00 AM CHECK-IN
9.00 AM CONTEST BEGINS



MSU PAVILLION
4301 FARM LANE
EAST LANSING, MI



CONTACT GLENDA WITH QUESTIONS
517-676-7303 | WEISSGLE@MSU.EDU

MSU Extension programs and material are open to all without regard to race, color, national origin, gender, gender identity, religion, age, height, weight, disability, political beliefs, sexual orientation, marital status, family status.



REGISTER:



https://events.anr.msu.edu/showmanship_state_rabbit_and_cavy/



Michigan 4-H Youth Code of Conduct



The opportunity to participate in or attend 4-H activities is a privilege. All 4-H participants – youth, families, volunteers, and Extension staff who participate in or attend any activity or event sponsored by the Michigan State University Extension 4-H Youth Development Program are expected to uphold the values of the Michigan 4-H program.

All 4-H youth participants must conduct themselves according to the following standards that apply to all Michigan 4-H programs, including virtual programs, and interactions such as social media and internet engagement:

- 1. Create a Welcoming Environment for All.** Encourage everyone to fully participate in 4-H. Recognize that all people have skills and talents that can help others and improve the community. Though we will not always agree, we must disagree respectfully. When we disagree, try to understand why. Our first priority is to create a safe, inclusive space for learning, sharing and collaboration that is welcoming to people from diverse backgrounds, cultures, and perspectives. Diversity includes, but is not limited to race, color, national origin, gender, gender identity, religion, age, height, weight, disability, political beliefs, sexual orientation, marital status, family status or veteran status.
- 2. Bring Your Best Self.** Conduct yourself in a manner that reflects honesty, integrity, self-control, and self-direction. Accept the results and outcomes of 4-H activities and programs with grace and empathy for other participants. Accept the final opinions of judges and evaluators. Be open to new ideas, suggestions, and opinions of others.
- 3. Obey the Law.** Obey the laws of the locality, state and nation and Michigan State University and Extension policies and guidelines. Commit no illegal acts. Do not possess, offer to others, or use alcohol, illegal drugs, marijuana, or tobacco products, which include e-pens, e-pipes, e-hookah, e-cigars, JUULs, vapes, vape pens or other electronic nicotine delivery systems. Do not attend 4-H activities under the influence of alcohol or illegal substances. Do not possess or use weapons or firearms except as expressly permitted as part of supervised 4-H shooting sports programming. This includes dangerous or unauthorized materials such as explosives or similar items.
- 4. Honor Diversity – Yours and Others'.** Respect and uphold the rights and dignity of all persons with whom you interact as part of Michigan 4-H.
- 5. Create a Safe Environment.** Be kind and compassionate toward others. Be considerate and courteous of all persons and their property. Do not carelessly or intentionally harm or intimidate anyone in any way (verbally, mentally, physically, or emotionally). Do not insult, harass, or bully others or engage in other hostile behaviors, including sexual harassment, sexual assault or sexual abuse. Abstain from sexual behavior and intimate physical/sexual contact in either public or private situations at an MSU Extension youth 4-H activity or event.
- 6. Be a Team Player.** Work cooperatively with all individuals involved in 4-H programs and activities. Be responsive to the reasonable requests of the person in charge such as volunteers and staff. Respect the integrity of the group and the group's decisions.
- 7. Humane Treatment of Animals.** Treat animals humanely and provide appropriate animal care.
- 8. Participate Fully.** Participate in and contribute to planned programs, be on time and follow through on assigned tasks/responsibilities in a manner that fosters the safety, well-being, and quality of the educational experience for self and others.

Have fun!



STATEWIDE CALENDAR OF EVENTS

Reserve your tickets for Michigan 4-H Day with the Detroit Tigers



Join Michigan 4-H and MSU Extension for a fun day at Comerica Park to watch the Detroit Tigers take on the Kansas City Royals! 4-H youth, volunteers, staff and their families will enjoy discounted tickets. In addition, Michigan 4-H guests will receive:

- A dual-branded Michigan 4-H and Detroit Tigers item (details to be released shortly).
- An exclusive pregame on-field opportunity.
- A portion of each ticket sold donated to Michigan 4-H.

Tickets are available in a variety of locations throughout the stadium, with prices ranging from \$27 - \$59. To order your tickets, visit www.canr.msu.edu/events/michigan-4-h-day-with-the-detroit-tigers.

January 9: 4-H Wild Spartans - Anishinaabe Perspectives in Natural Resources Management *Online*

This month's 4-H Wild Spartans Series will delve into how tribes use traditional knowledge and values (giikendaasowin) in natural resources management. Meet Brad Silet, biologist with the Sault Ste. Marie Tribe of Chippewa Indians, learn about his field work, and the education and career path he followed to get there. This free series is open to 4-H and non-4-H youth ages 12-19.

www.canr.msu.edu/events/wild-spartans-series-2023-2024-jan

January 17: Adulting 101 - Psychology of Spending and Saving *Online*

The 4-H Adulting 101 series helps young people prepare for college or life on their own through free online sessions. Join this session to reflect on your personal financial journey, your emotional connection to money, and gain budgeting resources to help you along the way.

www.canr.msu.edu/events/psychology

January 22: The Parent Talk System Webinar Series *Online*

The Parent Talk System is a FREE online course for parents of toddlers to teens to improve communication and provide strategies for raising confident, caring, responsible children.

www.canr.msu.edu/events/the-parent-talk-system-webinar-series-january-2024

January 23: Michigan 4-H Volunteer Webinar - Teaching Science When You Don't Know Diddley-Squat *Online*

Explore ways 4-H volunteers can utilize a series of science lessons from MSU Extension that can be taught with no science background and household materials. This series will provide volunteers with a variety of learning opportunities to help them grow as a volunteer and support Michigan 4-H'ers. This session will be offered twice, once as a daytime option and once as an evening option.

- **12 p.m. session:** www.canr.msu.edu/events/michigan-4-h-volunteer-webinar-teaching-science-when-you-don-t-know-diddley-squat
- **7 p.m. session:** www.canr.msu.edu/events/michigan-4-h-volunteer-webinar-teaching-science-when-you-don-t-know-diddley-squat7pm

February 17: 4-H Animal Science Career Quest *MSU Campus, East Lansing*

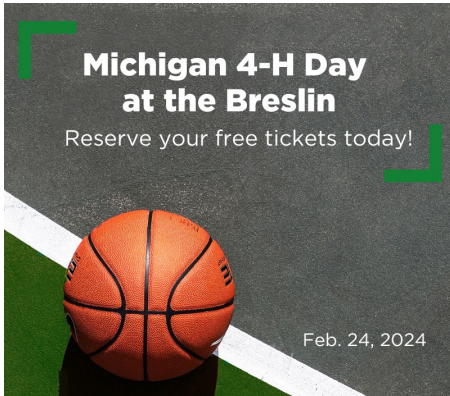
Interested in a career working with animals? Learn more about career paths in animal science and veterinary medicine, as well as the MSU programs that can get you there! This program is a joint effort of Michigan 4-H, the MSU Department of Animal Science, and the MSU College of Veterinary Medicine. It is open to youth ages 12-19 and 4-H volunteers. Registration closes Feb. 1.

www.canr.msu.edu/events/4-h-animal-science-career-quest-2024





STATEWIDE 4-H NEWS



2024 4-H Day at the Breslin Center

MSU Extension invites 4-H members, families, volunteers and staff members to join them Feb. 24 for Michigan 4-H Day at the Breslin. This fun family event will be held at the Jack Breslin Student Events Center as the MSU women’s basketball team takes on the Rutgers Scarlet Knights.

The 18th annual event celebrates the 4-H and MSU Extension community. Attendance is free for MSU Extension friends, Michigan 4-H members and their families, MSU Extension and 4-H volunteers, as well as MSU Extension professionals. Make ticket reservations at extension.msu.edu/4HDayatBreslin2024.

“Our 4-H programs reach every county in the state and 4-H Day at the Breslin is a fun way to bring that community together for a day of comradery and celebration,” said Julie Chapin, director of MSU Extension children and youth programs. “We can’t wait to join with the youth, families, volunteers and staff that make these programs possible.”

4-H Day at the Breslin participants are encouraged to come early to partake in MSU Extension games and activities throughout the concourse. Doors will open at 12:30 p.m., with tip-off scheduled for 2 p.m. Participants are encouraged to show their pride and wear green and white 4-H or MSU Extension apparel. Michigan 4-H will be showcased during the halftime show as a group of 4-H youth will lead the crowd in reciting the 4-H pledge.

Visitors to Breslin Center events must comply with MSU’s [clear bag policy](#). For more information on this event, contact your local MSU Extension office.

Resolve to have a great 4-H year

Adapted from: https://www.canr.msu.edu/news/resolve_to_have_a_great_4_h_year.

As we start the New Year, how can 4-H clubs resolve to improve in the year ahead? Here are ten suggestions to make the upcoming year a successful one.

Resolve that:

1. Club meetings will start and end on time.
2. Business meetings will follow Robert’s Rules of Order and that all club paperwork, such as minutes, club inventory and financial statements, will be completed in a timely manner.
3. All members will take part in discussions and have a say in decisions that are made. Keep a chart with each members’ name and when they speak at business meetings.
4. The club meeting place will be a safe, comfortable and welcoming environment for all club members.
5. Fun will be included in each meeting.
6. A learning activity will be included in each club meeting. Ideas include exploring a new 4-H curriculum, having members volunteer to do a demonstration, doing a show and tell about each members’ favorite project, or bringing in a guest speaker.
7. The club will pursue at least one community service project chosen, planned and celebrated by the club.
8. New members will have a buddy they may talk with about any 4-H questions.
9. The 4-H pledge will be said at every meeting.
10. Every club member will be recognized in some way to let them know they are cared about.

